



Parent & Carers First Aid

*Would you know what to do in a stressful situation with a little one?
Kids don't come with a Handbook!*

At F.A.S.T. First Aid Training our motto is Education!! Our Parenting First Aid Awareness Program is designed to provide parents and carers the skills and confidence to help keep children safe.

Offering great tips about:

- Choking, Drowning, Asthma
 - CPR infants, children, adults
 - Febrile Convulsions
 - Snake bites
- and more!

Program Options:

Full face to face Delivery - covering the 'must know' First Aid solutions for every parent. 1.5 - 3 hours (non accredited)

Full face to face Delivery - all aspects of CPR and First Aid with a focus on children. Nationally recognised certificate, ideal to add to a resume (accredited)
4.5 - 5 hours.

Blended Delivery - all aspects of CPR and First Aid with a focus on children.
Nationally recognised certificate, ideal to add to a resume (accredited)
2 - 3 hours online , 1 hour face to face practical.

We guarantee:

- Fun, engaging and interactive training
- No boring stories
- 'Real World' tips and tricks
- Smart phone hacks and apps
- Practical and realistic scenarios

