



Schoolies First Aid Safety & Well-being

Teaching our teens the skills to save a life.

Learning CPR & First Aid can potentially save a life! Why not give our teens the skills required to do this!!

Our teaching style is relaxed and fun!! We use realistic scenarios about the First Aid management of situations that may arise during schoolies week. Our goal is to give our teens the skills and confidence to help a mate.

This program is not about the do's and don'ts, it's what do you do if something does go wrong.

Accredited and non accredited courses available with a range of options to suit every group.

Non-accredited: 2 hours face to face

Accredited Blended Delivery: 2-3 hours online learning and 90 minutes face to face

Accredited Full Face to Face Delivery: 5.5 hours

Bonus! - Students that do the accredited course will have a nationally recognised certificate, a great addition to their resume.

We have also added elements of our Mental Health & Well-being Program to assist our young people in self management and self responsibility.

Dedicated Mental Health & Well-being courses are available:

-30 min SOS Self Care Course

-90 min SOS Self Care and Resilience Course

We guarantee:

- Fun, engaging and interactive training
- No boring stories
- 'Real World' tips and tricks
- Smart phone hacks and apps



www.fastfirstaidtraining.com.au

